

Psychological and Emotional Aspects

The team at Conceptia will do its utmost to help you conceive a child. However, even with all the best intentions, you and/or your partner might need support from an outside source to help you overcome the challenges and hurdles that may arise during the course of your fertility treatment.

Assisted Human Reproduction and the procedures you will require can have short and long term social, emotional and psychological impact.

You might have to make difficult decisions and choices throughout the process of your procedure. What you decide can have an impact not only on you (and your spouse or partner), but also on any children born as a result of your decisions. Mr. Pereira is a Psychologist and has extensive knowledge about the dilemmas and difficulties related to infertility. He will be there to accompany you and to help you make informed and rational decisions.

The purpose of counselling are:

- Provision of counselling and psychosocial support to individuals and couples experiencing fertility challenges – prior to, during, and/or following Assisted Human Reproduction intervention;
- Helping individuals and couples to examine the emotional, psychosocial, relationship, and ethical implications of various treatment and parenting options;
- Assisting in ensuring informed choices and decision making;
- Assisting participants in third-party arrangements to set appropriate boundaries and expectations, negotiate their short- and long-term relationships, and consider the potential implications and ramifications for themselves and their offspring;
- Provision of support, consultation, and education to members of the Assisted Human Reproduction team.

The consultations:

I. Mandatory psychological consultation

- For all intended parents (heterosexual couples, same-sex couples or unattached women) using sperm or egg donation and those who use a surrogate
- Potential egg donors
- Potential surrogates

II. Psychological consultation offered on request

- All clients of Conceptia Clinic who wish to discuss the emotional aspects related to infertility and Assisted Human Reproduction with a Psychologist before, during or after any treatment.

The personnel at Conceptia has been working closely and for a long time with this psychologist who will guide your reflections and who will assist you in making informed decisions.



Jean Pereira has obtained his Master's Degree in psychology from the Université de Moncton and is a member of the College of Psychologists of New Brunswick.

His background in the health sector naturally carried him to be interested in various aspects connected to infertility issues and the alternatives offered to those who wish to become parents. He keeps abreast on the important progressions of Assisted Reproductive Technologies which have created opportunities that must be the subject of reflection regarding the implications for the parents and the children involved.

Mr. Pereira has been involved with the Conceptia Clinic team since 2003 as a consultant to individuals and couples, helping them in the decision-making process regarding the various reproduction options and providing psychological support.

Meetings with Mr. Pereira are currently done in his private office located at:
976 Champlain St, suite 102
Dieppe, NB E1A 1P8
**To make an appointment:
(506) 382-1717**